#### Feedback from students

"The Phoenix helped me feel comfortable returning to lessons after a long period of absence due to illness"

"Somewhere to share feelings and emotions"

"A relief from the outside world."

"A place of kindness."

"Somewhere to hang out at break and lunch and make new friends."

"Like a family in school"

#### Feedback from parents/carers

"The work that happens in the Phoenix Centre is second to none and certainly could be used as a benchmark for other schools to attain"

"My son is the person he is because of their help"

"They are constantly there for my daughter, supporting, encouraging and reassuring her"

The Phoenix Centre was commended in the last OFSTED inspection of Maghull High School:

#### **OFSTED 2018**

"A range of support is provided to pupils, including those who are vulnerable or who have emotional needs. The Phoenix Centre, for example, which also involves parents and families, is viewed positively by pupils as a place to talk through problems, while the opportunities for meditation promote a healthy body and mind"

In the academic year 2019-2020, we supported 305 students through a variety of interventions

If you have any questions or require any more information, please contact us:

James McQuade

Phoenix Centre Manager

Beth Dawson
Learning Mentor

Sarah Shields
School Counsellor

The Phoenix Centre
Maghull High School
Ormonde Drive
Maghull
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# **Phoenix Centre**



Raising Aspirations

**Developing Resilience** 

Improving Emotional Wellbeing



Maghull High School

## "Life's tough sometimes...."

The Phoenix staff deal with a wide range of social and emotional difficulties and are ideally placed to support pupils, by using our school counsellor or outside agencies if necessary. Our main aim is to remove any barriers of learning for pupils and this is achieved through a variety of interventions. Pupils can self-refer, be referred by staff or family members.

Our main focus is to develop resilience for pupils and help them to identify ways to develop positive emotional well being. We strongly believe that young people who develop these skills are more likely to achieve their full potential and strive to provide high levels of care and support.

We have developed a holistic approach to education where emotional and social growth and academic achievement are all equally valued. In the Phoenix Centre, we have high expectations of our students and insist on an atmosphere of mutual respect and co-operation.

Between us we have over 70 years combined experience supporting young people and believe that we are uniquely placed to offer the best possible support and guidance to our students.

### Restorative Justice at The Phoenix Centre

A major part of our role is using Restorative Justice (RJ) to resolve conflict in school. This strategy is highly successful and we have achieved many positive outcomes using this approach.

The approach of RJ is to support pupils and staff through a variety of conflict, including friendship issues, bullying, racism, homophobia and other forms of discrimination and disagreement.

RJ allows differing parties/people to meet voluntarily with a facilitator to try and achieve reconciliation and for both sides to reflect on move forward with no repeat actions.

#### **Intervention Strategies**

The Phoenix Centre staff work closely with all teachers across the school and liaise regularly to create and maintain effective strategies for students to succeed. These strategies are designed and tailored individually to meet the needs of student, family or group to ensure that we do everything we

can to reach a positive outcome. We offer one to one mentor sessions, group therapy and group sessions, art therapy and meditation.

### **Links with Outside Agencies**

All our intervention strategies promote resilience, emotional intelligence, self-esteem and aspirational support.

Our work extends beyond school and into the wider community, liaising with many outside agencies in order to support the students we are working with.

These include CAMHS, EHAT, TAF, School health team, Social Care Referrals, Safeguarding, Merseyside Police plus many more.

## What else do we do?

When possible we try to work with outside agencies to broaden the horizons of our students and also offer them an insight to real life events.